

# Grooves 2 Moves Dance Information

## Dances age 2-3



***Welcome to the Academy of Dance!***

Thank you for your interest in Grooves 2 Moves! We're so excited to welcome your dancer to our AOD family.

### **What is Grooves 2 Moves?**

Grooves 2 Moves is a **25-minute weekly class** designed for young dancers just beginning their dance journey. Each class includes:

- **Ballet fundamentals**
- **Song and movement**
- **Creative expression**

We also help children build important social and learning skills, including:

- Co-ordination and direction following
- Taking turns & following directions
- Respecting themselves and others
- Socializing with peers

---

### **Parent Participation**

- **Session 1 only:** Parents participate **for the first 3 weeks** to help dancers ease into class.
- After the first 3 weeks, the class transitions to a **non-parent participation** model.
- If you join **after mid-October**, no parent participation will be offered.
- We work with each dancer at their own pace to ensure a smooth transition.

Once your child is comfortable, feel free to **run a quick errand during class**—we've got them!

---

## Class Schedule Available Class Times:

- Mondays | 10:30-10:55 AM
  - Saturdays | 9:00-9:25 AM
  - Saturdays | 10:30-10:55 AM
- 

## Viewing Opportunities & Updates

- We regularly post updates and highlights on **AOD's social media** so you can follow your dancer's progress.
- 

## What to Wear

- To start: **comfy clothes and bare feet** are perfect!
  - As the session progresses: dancers are required to wear **Ballet attire** and **Ballet slippers**. They will need ballet shoes by the start of session 2 (January!)
  - Dancewear and shoes can be purchased from the **AOD Boutique** at the front desk.
- 

## Drop-Off & Pick-Up

- You will receive a **designated entry/exit door** in your registration email.
  - Teachers will greet and release dancers at their assigned door.
  - Please have your dancer arrive **class-ready** and leave extras in the car.
  - Bathrooms are available inside the building if needed.
- 

## Program Fees & Sessions

- **Registration Fee:** \$35.00 (due upon registration)
- **Sessional total:** \$480 (due in September, January, and April)
- **Performance Fee:** \$65 + tax fee is added to February tuition
  - Includes: Keepsake program, show gift, and digital show access

## Session Dates & Pricing:

- Session 1: Sept 22 – Dec 11 | \$160.00
  - Session 2: Jan 5 – Mar 11 | \$160.00
  - Session 3: March 30 – Jun 7 | \$160.00
- All sessions are non-refundable and follow the weekday you register in.*
-

## Costuming

- A **\$20.00 costume fee** will be charged with your **Session 3 billing**.
  - This includes a **color-coded tutu or t-shirt** for your dancer to wear onstage.
  - We keep costuming simple and affordable for this age group!
- 

## Recital & Performance Info

### Winter Recital

- Takes place in December (date TBA)
- No costume required

### Year-End Show

- May 30, 2026 at Sagebrush Theatre
  - Combo dancers perform in the 1:30 PM show
  - Costumes (paid in October & November) are required
  - Tickets sold through Kamloops Live Box Office (on sale May 4th, 2026)
    - Price: \$22-\$25
- 

**If you have any questions, feel free to reach out. We can't wait to dance with you!**

